

Doctor's™ WEIGHT LOSS CENTERS

DrWeightLoss.com



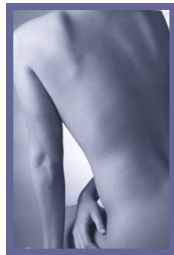
Upon completing his residency in Emergency Medicine at Howard University, Dr. Heron studied nutrition and created a moderate carbohydrate diet in 1981, years ahead of the Department of Agriculture's new Food Guide Pyramid (who developed a plan in 2005 similar to the Heron diet plan). Dr. Heron has prescribed a moderate carbohydrate diet for weight loss and improved health to thousands of patients. His program is based on a real food, holistic approach to weight loss. In Nov 09, "The Washington Times" nicknamed Dr. Heron's Famous "WOW Diet" - The Hillary Diet - a diet where patients can lose at least 15 pounds in one month. Through a maintenance program, Dr. Heron teaches you how to eat those foods that you love to eat and attain long-lasting weight loss results.

In 2008, Dr. Heron opened **Heron Smart-Lipo Center** in Old Town, the newest Laser-assisted lipolysis technique for body sculpting. In 2009, Dr. Heron added **PAL** (power assisted liposuction) to his 'high tech' surgical instruments. Dr. Heron is the most experienced physician in the DC area that offers the combination of weight loss, laser liposuction and laser body sculpting for his patients. Dr. Heron is a certified member of the Society of Aesthetics in Medicine in Laser Liposuction.



Dr. Heron partners with his wife and surgical assistant, Barbara Heron. While serving in the military for 20 years, she managed Weight Control on two Army assignments. Mrs. Heron provides consult services upon request in Old Town.

HERON
SMART-LIPO
CENTER



Affordable Laser Body Sculpting with *Smart-Lipo!*
Safely LOSE INCHES in your stomach, love handles,
arms, back and inner & outer thighs.

SUMMER SPECIAL from **\$1,950 per**
area! SAVE up to 30%

Offer Exp 7/31/10

Destroys fat cells, tones your body and tightens
your skin. Improve your body in just a few hours.

You'll be up and running in days!
Call now to schedule a free consult.

**COMPLY with MILITARY WEIGHT
STANDARDS.**

At Doctor's Weight Loss
learn how to: **EAT REAL FOOD,**
LOSE WEIGHT and KEEP IT OFF
FOR GOOD! !

Military Discount:

10% Individual, 25% for Families



~ Old Town ~ 321 S. Patrick Street, Alexandria
703-549-2626

~ Reston Hospital Center ~ 1860 Town Center Dr, Ste 260, Reston
703-925-9800

